



Healing Hands

Where Comfort Meets Care



Healing Hands

Discover Your Sanctuary

At Healing Hands Spa, we encourage our clients to prioritize self-care as an essential component of their health journey. We believe that taking time for oneself is not a luxurious indulgence but a necessary practice for overall well-being. With a focus on accessibility, we ensure that everyone can experience the healing power of self-care, regardless of their ability or budget. From the moment you step through our doors, you will be enveloped in a welcoming atmosphere designed to make you feel at home.



Our Services

Massage Therapy

Experience the healing power of touch with our variety of massage options, including:

Swedish Massage: Perfect for relaxation and stress relief.

Deep Tissue Massage: Targeting deeper layers of muscle for tension relief.

Hot Stone Massage: Combining warmth and pressure for ultimate relaxation.

Aromatherapy: Combining the soothing techniques of massage with the therapeutic benefits of essential oils, creating a deeply relaxing experience that promotes both physical and emotional well-being.

Reflexology: Applying targeted pressure to specific points on the feet, promoting relaxation and overall well-being.





Facials & Skin Care

Rejuvenate your skin with our customized facial treatments, using natural products that nourish and revitalize.

Microdermabrasion: A minimally invasive procedure that gently exfoliates and removes the superficial layer of dry, dead skin cells using fine crystals or a diamond-tipped wand.

Dermaplaning: A physical exfoliation technique that uses a sterile surgical scalpel to gently scrape off the top layer of dulling dead skin cells and fine vellus hair (peach fuzz).

Hydrating facials: Treatments designed to moisturize and nourish the skin, including cleansing, exfoliation, and the application of hydrating serums and masks.

Chemical peels and exfoliations: Treatments that use chemical solutions to remove dead skin cells and stimulate the growth of new skin, improving texture and tone.

Full body hydrating masks: Moisturizing treatment applied to the entire body to nourish and soften the skin.

Full body Eucalyptus masks: Body treatment using eucalyptus-infused products to refresh, detoxify, and invigorate the skin and senses.

Full body lavender masks: Soothing body treatment using lavender-infused products to relax and calm both skin and mind.

Seaweed wraps: Body treatment that involves applying seaweed-based products to the skin, then wrapping the body to enhance absorption of nutrients and detoxification.

Chilean volcanic mud baths: Immersive treatment using mineral-rich volcanic mud from Chile to detoxify and nourish the skin.

Atlantic Ocean salt scrub: An exfoliating body treatment using salt from the Atlantic Ocean to remove dead skin cells and improve skin texture.

Steam and sauna treatments: Heat-based therapies that use steam or dry heat to open pores, promote sweating, and aid in relaxation and detoxification.





Other Services:

Manicures: Cuticle trimming, nail shaping, buffing, and a relaxing hand massage, followed by the application of polish.

Pedicures: Soothing soak, exfoliation, cuticle care, and nail shaping. Concluding with a foot and calf massage and the application of polish for beautifully refreshed feet.

Hair Removal: Our botanical, wax-free hair removal service does not adhere to the skin, making it a safe, clean, and germ-free option that will leave your skin feeling soft and smooth. With regular treatments, you can expect lighter hair growth and radiant skin. Additionally, our method is less uncomfortable than traditional waxing, minimizing pain, redness, and swelling that some individuals experience with wax.

Wellness Packages

Check out our website, HealingHands.com, to explore our complete wellness packages that combine multiple services for a holistic approach to self-care.

**All spa massage therapists are credentialed through the NC Licensed Massage and Bodywork Therapists Board and our cosmetologists and estheticians are licensed through the NC board of Cosmetic Art Examiners.*



Spa Menu

Petits Repas

We keep our offerings small so the quality can assuredly be top-notch.

Fruit and cheese plate: enjoy seasonal fruit and locally sourced cheeses from Ashe County Cheese, Chatham Creamery, and the Laughing Goat Farm.

Morning Tea: Earl Grey, Lady Earl Grey, and Darjeeling tea served with delicacies from a local pâtisserie.

Lucette Grace: pastries, desserts, and breads made fresh daily. Gluten-free options are provided by JP's Bakery.

Ciders & Wines

Molley Chomper: Hard Cider

ST. Paul Mountain Vineyards: Chestnut Gap Cottage Sparkling Wine

Raffaldini Vineyards & Winery: Liguria White Wine

RagApple Lassie Vineyards: Kaleidoscope Gold

Divine Llama Vineyards: Cabernet Franc

Laurel Gray Vineyards: Cabernet Sauvignon

Childress Vineyards: Chardonnay

Dobbins Creek Vineyards: Merlot

Piccione Vineyards: Pinot Grigio

**<https://www.ncwine.org/>*

Why Choose Us?

Trained Professionals: Our experienced therapists are dedicated to providing personalized care tailored to your individual needs.

Luxurious Atmosphere: Enjoy a tranquil environment enhanced by soothing colors, calming scents, and soft music that promotes relaxation.

Accessibility Focus: We strive to make our services available to everyone, no matter their ability. We also offer competitive pricing to ensure self-care is within reach.

Empowerment Through Education: We offer workshops and resources on self-care practices that extend beyond your time at the spa.

Join Our Community

At Healing Hands spa, we foster a supportive community where you can connect with others on their wellness journeys. Follow us on social media for tips, special events, and exclusive offers.

Book Your Experience Today!

Take the first step toward empowerment through self-care. Visit our website or call us to schedule your appointment. Embrace the healing journey at Healing Hands—where luxury meets accessibility in a welcoming atmosphere. Empower yourself through the art of self-care.

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